

SDM

Your health is
our priority



AF | **ACRUX**
PARMA

2022

FONCITRENAL 400 PLUS SACHET

With its herbal formulation containing parsley seed, Crataeva Nurvala, Boerhavia Diffusa, and Bergenia Ligulata, Foncitreanal 4000 Plus enables the alkalization of urine and protects the healthy structure of the urinary tract. It has diuretic, anti-lithiasis and anti-inflammatory effects.



SUPPLEMENT FACTS

Serving size 1 sachet	Amount / 1 sachet
Ingredient	
Citric acid monohydrate Expressed as anhydrous citric acid.	1 g
Monopotassium citrate anhydrous	1 g
Monosodium citrate anhydrous	1 g
Crataeva nurvala.	100 mg
Parsley seed extract	125 mg
Boerhavia diffusa.	250 mg
Bergenia ligulata	125 mg

ACRUX CRAN PLUS SACHET

Thanks to its cranberry content containing proanthocyanidins, Acrux Cran-Plus is effective in the cardiovascular system and especially on cerebral processes related to memory. It also enables the protection of healthy skin. Lactoferrin is a naturally occurring protein in milk and body fluids. It is a strong anti-microbial modulator for the immune system. Ursolic Acid (UA) is well-known for its potential role in cell growth regulation. Besides, its Ononis (Restharrow) Extract content has an ability to pass kidney stones and sands. It clears up kidney infections and bladder inflammations. It is also used against swollen adenoids, rheumatism, gout, and edema. The Fennel Extract has an effect against anemia and a diuretic effect. The Hawthorn Extract is effective against cardiac arrhythmias, neurotic heart throbbing, cardiac insufficiency, heart muscle dystrophy after severe infectious diseases, high blood pressure after a heart attack, and arteriosclerosis.



SUPPLEMENT FACTS

Serving Size: 5 gr per sachet	Amount / 1 sachet
Serving per Container: 20 sachet	
Ingredient	
Cranberry Dry Extract	400 mg
Of Which Proanthocyanidins	18 mg
Lactoferrin	100 mg
Saga Dry Extract	150 mg
Of Which Ursolic Acid	4 mg
Restharrow Dry Extract	150 mg
Fennel Dry Extract	100 mg
Hawthorn, fruit, Extract	100 mg

Ingredients:

Dry extracts of: Restharrow (Ononis spinosa L - root), Fennel (Foeniculum vulgare Mill, - fruits) titrated to 1% in essential oil, Hawthorn (Crataegus sp.-fruit), Vitamin C, Cranberry (Vaccinium macrocarpon Aiton - fruits) titrated to 40% in proanthocyanidins, Elderberry (Sambucus nigra L- fruits), Sega (Salvia officinalis L. - leaves) titrated to 15% ursolic acid; Bulking agent; sorbitol, Flavors, Magnesium sulphate, Acidity regulator: citric acid, Lactoferrin, Sweetener: acesulfame K, Anti-caking agent: silicon dioxide. The extract contain maltodextrin

HIPEREM MORNING SICKNESS RELIEF

Hiperem Morning Sickness Relief has been specially formulated for pregnant women to help relieve the symptoms of morning sickness such as nausea and vomiting. Morning sickness is a common feeling of nausea in pregnancy that can result in vomiting. Most often it is experienced in the early stages of the pregnancy. It is thought to be caused by hormonal changes. Contrary to its name, morning sickness can occur at any time of the day or night. Hiperem Morning Sickness Relief has been specially formulated with natural ginger and vitamin B6. These ingredients have been shown in several studies to help reduce the frequency and severity of morning sickness and help relieve the symptoms such as nausea and vomiting.

Ginger (*zingiber officinale*) rhizome powder 600 mg

Vitamin B6 (pyridoxine hydrochloride) 37.5 mg



SUPPLEMENT FACTS

Ingredient	Amount
Ginger Extract	12,5 mg
Pyridoxine Hydrochloride (Vitamin B6)	10 mg
Inactive Ingredients	
Sorbitol	322,5 mg
Magnesium Salt of Fatty Acids / E-470b	5 mg

SEDOVIT WOMEN MULTIVITAMIN

Sedovit Women's Multivitamin is specially formulated for women with children. Busy women juggling with the added demands of motherhood cannot do without a helping hand. Sedovit Women's Multivitamin may help.

It has been carefully tailored with an optimal combination of vitamins, minerals and nutrients to help support the needs of women with children.



Sedovit Women's Multivitamin is designed to help energy and nutritional needs of mothers, and it contains essential vitamins and minerals.

- Iron (5 mg): to help boost energy levels
- Calcium (120 mg): To help build and maintain healthy bones
- B group vitamins: to help reduce stress
- Vitamin C (80 mg) and Zinc (8 mg): to maintain immunity
- Essential vitamins and minerals



SUPPLEMENT FACTS

Serving Size / 1 Tablet	Amount
Thiamine nitrate (Vitamin B1)	4.2 mg
Riboflavin (Vitamin B2)	4.8 mg
Nicotinamide (Vitamin B3)	54 mg
Calcium Pantothenate (Vitamin B5)	19.6 mg
Pyridoxine Hydrochloride (Vitamin B6)	6 mg
Cyanocobalamin (Vitamin B12)	3 mcg
Biotin	450 mcg
Folic Acid	500 mcg
Ascorbic Acid (Vitamin C)	80 mg
Cholecalciferol	5 mcg
(Vitamin D3 200 IU) Vitamin B1	10 mg
di-alpha tocopheryl acetate (Vitamin E)	120 mg
Calcium	25 mg
Chromium	900 mcg
Copper	75 mcg
Iodine	5 mg
Iron	45 mg
Magnesium	1.8 mg
Manganese	45 mcg
Molybdenum	26 mcg
Selenium	8 mg
Zinc	

SUPER IMMUNE CAPSULE

Super Immune Food Supplement supports your daily mineral and vitamin needs. Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C and Vitamin D contents and the synergistic action of minerals such as selenium, Iron and Zinc, it strengthens the immune system and supports its resistance. Vitamin A supports the healthy development of teeth, bone, soft tissue, mucous membranes, and skin structures. Vitamin B1 (thiamine) regulates blood circulation and prevents the development of blood circulation-related diseases. Vitamin B2, Vitamin B6, (riboflavin) and Vitamin B12 supplements are essential for the continuation of normal brain and nervous system functions. Vitamin C enables the digestive system to absorb the iron taken by the nutrition and helps this iron to be stored in order to be used later.

Vitamin D balances the blood levels of phosphorus and calcium and is quite important for dental and bone health. Black elderberry (Sambucus nigra) is effective for the prevention and relieving of cold and flu symptoms. Also, its synergistic action with Red Ginseng (Panax ginseng), strengthens your immunity. Beta-Glucan supports the decrease in cholesterol levels, the improvement in heart health, and the regulation of blood sugar levels. Ginkgo Biloba enhances and regulates blood circulation and supports the better function of eyes, ears, and legs.

SUPPLEMENT FACTS

Supplement Facts Ingredient	Quantity mg / 1 capsule
Sambucus nigra	25 mg
Beta Glucan	20 mg
Ginseng	20 mg
Ginkgo biloba	20 mg
Iron	10 mg
Zinc	7,5 mg
VitA	400 µg
Vit B1	200 µg
Vit B2	240 µg
Vit B6	240 µg
Vit B12	0,5 µg
Vit C	50 mg
Vit D	2,5 mg
Selenium	75 µg



HEMOPLUS

MULTI-SYMPTOM RELIEF

- Shrinks Hemorrhoids
- Relieves Itch, Pain, Swelling & Irritation



SUPPLEMENT FACTS

Serving per Container: 50 MG Amount Per Serving	Mg / 50 MI
Cetareth-20	5 mg
Cetearyl Alcoho	10 mg
Grape Skin Extract	1,5 mg
Vitamin E	1 mg
Paraffinum Liquidum	7,5 mg
Horse Chestnut Extract	1,5 mg
Glycerine	7,5 mg

PRO-FX

GLUCOSAMINE & CHONDROITIN GEL CREAM HAS MULTIPLE EFFECTS

Collagen Type II > Devil's Claw Calcium

Joint -5 multiple effects for the pain of Boswellia Serrata: anti-inflammatory.

The most important material in the composition of the human body is the material that links glucosamine sulfate and chondroitin. Shortages cause erosion of soft bone structure causing pain and inability to move causing pain and inability to move easily. Glucosamine and chondroitin materials intervene in the basic structure of the links and play a key role in nutrition.

Directions:

For best results use 2-3 times every day.



SUPPLEMENT FACTS

75 ml Tube

Joint 5 gel cream contains:

- Glucosamine Sulphate: Major component in the human body, helps keep up the health of your cartilage.
- Chondroitin Sulphate: helps to slow the breakdown of cartilage and helps in restore cartilage growth.
- Collagen Type II: it makes up 50% of all protein in cartilage and 85-90% of the collagen in articular cartilage.
- Devil's Claw & MSM: natural substances to relief joint & muscle pains.
- Boswellia Serrata: anti-inflammatory.
- Magnesium oil: helps in the treatment of osteoporosis and torn muscles.

Also contains Deionized water,

Vaseline, Lanolin, Sorbitan Mono

Oleate, Cetyl alcohol, Menthol, Calcium,

Orange Oil, Beeswax, Ginger oil, Mint

oil, Fennel oil, Walnut oil, Lavender oil, Clove oil,

Eucalyptus oil, Methylchloroisothiazolinone,

Methylisothiazolinone

MELATONIN

Get Enough Sleep: Sleep enhances immune defense and a lack of it can affect the immune system; Studies have shown that people who don't get enough sleep have a higher risk of illness, and it can also impact the time it takes for the body to recover.

Sleep Strengthens Your Immune System: Research has shown the importance of sleep in strengthening your immune system, improving mental sharpness, maintaining balanced moods and so much more; SDM Plus Melatonin is a solution for occasional sleeplessness.

Drug-Free: SDM Plus Melatonin is a nighttime sleep aid that assists with occasional sleeplessness; It is non-habit forming, so you can use it with confidence whenever you need to adjust your internal clock



SUPPLEMENT FACTS

Servings Per Box: 30 Tablet
Ingredient

Amount
Ingredient

% Daily
Value

L-teanin

50 mg

*

5-Hidroksitriptofan

50 mg

*

Passiflora Extract

50 mg

*

Melatonin

3 mg

*

* Daily Value (DV) not established

MOTIL – UP

To improve sperm count as well as reproductive health for men having documented sperm count issues.

The primary goal of this product is to allow men to improve fertility and increase chances of conception, thus making Sperm Count Max ideal for couples who are hoping to have a baby. The natural formula includes ingredients such as withania somnifera, which inhibits lipid peroxidation, decreases glycation markers, reduces oxidative stress, and improves semen quality. The WHO states that 15 million/ml is a low sperm count for fertile men, which is why Motil- Up poses as a perfect solution for this problem.



SUPPLEMENT FACTS

Serving size: 3 tablets Serving per container: 45 Ingredient	Amount (1 Tablet)	% Daily Value
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin E (as d-alpha tocopheryl acetate)	400 IU	1333%
Zinc (monomethionine)	30 mg	200%
Selenium (as selenomethionine)	70 mcg	100%
L-carnitine (as L-carnitine L-tartrate)	500 mg	*
N-Acetyl Cysteine	300 mg	*
Coenzyme Q10 (as ubiquinone)	200 mg	*
Inositol (as myo-inositol)	150 mg	*

* Daily Value Not Established.

Other Ingredients: Microcrystalline cellulose, vegetable cellulose, silica, magnesium stearate, natural vanilla, hydroxypropyl, methylcellulose and pharmaceutical glaze.

OVA - UP

SDM Ova Up is a natural blend of vitamins, minerals and antioxidants which work together to improve women's egg and embryo quality by strengthening the antioxidant defense mechanism thus preventing oxidative stress.

The egg quality is a vital component in the success rate of couple's trying to conceive. The formula comprises of, Melatonin, Myo-Inositol, Folic Acid, Vitamin E, L-Arginine, Grapeseed extract and Alpha-lipoic Acid.



SUPPLEMENT FACTS

Serving size: 4 tablets Serving per container: 60 Ingredient	Amount (1 Tablet)	% Daily Value
Vitamin D3 (as cholecalciferol form lichen)	600 IU	150%
Folate (as folic acid)	400 mcg	100%
Myo-Inositol	2400 mg	t
Melatonin	2 mg	t

t Daily Value Not Established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, cholecalciferol, melatonin, silica, folic acid and pharmaceutical glaze.

FOLIC ACID

Recommended as part of woman's daily regimen for health, stress, mood, and prenatal care

Aids in development of nervous system in fetus

May play a significant role in heart health

Always take in conjunction with B12 supplement

No - Preservatives, Color Added, Artificial Flavors and Yeast or Starch. Gluten Free



SUPPLEMENT FACTS

Ingredient	Amount	% Daily Value
Folic Acid	400 mcg	100%
Other Ingredients: Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Anti-Caking Agent (Magnesium Stearate), Folic Acid.		

MAGNA FERTIL-F

Ingredients:

Myo- Inositol, D-Chiro Inositol, Folate, Coenzyme Q10, Vitex Chas berry.

Features: Nutritional supplements can be used to support the reproductive health of the body in many ways. Fertility Female Supplement is formulated to help optimize fertility safely and naturally as part of a healthy diet and lifestyle. For women, Fertility Female Supplement is naturally designed to improve reproductive health and optimize the chances of getting pregnant. Fertility Female Supplement helps regain hormonal balance. Continuous reinforcement until pregnancy is recommended for best results.



SUPPLEMENT FACTS

Serving Size: 1 sachet 2500 mg	Amount	% Daily
Servings Per Box: 30 sachet	Ingredient	Value
Fertility Supplement For Women		
Ingredient		
Myo-Inositol	2000 mg	*
D-chiro inositol	40 mg	*
Folic acid	400 mcg	200
Coenzyme Q10	150 mg	*
Vitex Chasteberry	100 mg	*

* Daily Value Not Established

Ingredients: Myo-Inositol, D-chiro inositol, Folate, Coenzyme Q10, Vitex Chasteberry, Microcrystalline Cellulose, silicon dioxide, sucralose.

FIBROCARE

FibroCare is a dietary supplement from SDM containing a unique formula with Chasteberry and Red clover as key ingredients. Chasteberry helps promote hormonal balance, while Red clover helps improve circulatory function, which is crucial for reproductive function. The one of a kind formulation maintains the health of ovaries and uterus in an all-natural manner.



SUPPLEMENT FACTS

Serving Size: 2 Capsules Serving per container: 30 Ingredient	Amount Ingredient	% Daily Value
Chasteberry (Vitex Agnus Castus) (Berries)	40 mg	**
Eleuthero Root (Eleutherococcus Senticosus) (Root)	200 mg	**
Goldenseal (Rhizoma Coptidis) (Root)	25 mg	**
Licorice Extract (Glycyrrhiza Glabra) (Root)	100 mg	**
Motherwort (Leonurus Heterophyllus) (Leaf)	20 mg	**
Proprietary Blend Echinacea (Echinacea Purpurea) (Root) Burdock (Arctium Lappa) (Root) Red Clover Extract (Trifolium Pratense) (Tops)	1280 mg	*

* Proprietary Blend

** Daily Value not established

Other Ingredients: Vegetable Cellulose (Capsule), microcrystalline cellulose Magnesium Stearate and Silicon Dioxide.

METRIOCARE

Metrocare by SDM is a dietary supplement specially designed to target many irregularities that women can suffer from. SDM Metrocare is an all-natural formula including black cohosh and



red clover, olive extract, dandelion, wild yam, chaste berry, and so on. A combination of these powerful ingredients helps establish hormonal balance. Energy boost and emotional health are just some of many benefits associated with regular consumption of Metrocare



SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 30 Ingredient	Amount Ingredient	% Daily Value
Blessed Thistle (Cnicus Benedictus) (Herb)	20 mg	**
Cat's Claw (Uncaria tomentosa) (Inner Bark)	35 mg	**
Dandelion (Taraxacum officinale) (Leaf Extract)	10 mg	**
Fennel Extract (Foeniculum Vulgare) (Seed)	50 mg	**
Fenugreek (Trigonella Foenum Graecum) (Seed)	225 mg	**
Olive Extract (Olea Europaea) (Leaf)	35 mg	**
Red Clover (Trifolium Pratense) (Tops)	20 mg	**
Red Raspberry (Rubus Idaeus) (Leaf Extract)	20 mg	**
Saw Palmetto (Serenoa Repens) (Dried Berries)	355 mg	**
Proprietary Blend	275 mg	**
Black Cohosh (Cimicifuga Racemosa) (Root & Stem)	275 mg	(-)
Dong Quai (Angelica Sinensis) (Root)		(-)
Oat Straw (Avena Sativa) (Grass)		(-)
Wild Yam (Dioscorea Opposita) (Root)		(-)
Chasteberry (Vitex Agnus Castus) (Dried Berries)		(-)

** Daily Value not established

(-) Proprietary Blend

Other Ingredients: Vegetable Cellulose (Capsule), microcrystalline cellulose Magnesium Stearate and Silicon Dioxide.

DHEA 25 mg

DHEA is a hormone produced by your body's adrenal glands. These are glands just above the kidneys. It functions as a precursor to male and female sex hormones, including testosterone and estrogen, where testosterone and estrogen production generally decline with age. DHEA supplements can increase and regulate the level of these hormones. Besides hormone regulation, intake of DHEA supplements help increase bone mineral density in men and women.



SUPPLEMENT FACTS

Serving Size: 1 Tablet
Serving per container: 60
Ingredient

Ingredient	Amount	% Daily Value
DHEA (Dehydroepiandrosterone)	25 mg	*

* Daily value not established.

Other Ingredients: Cellulose, Stearic Acid, Magnesium Stearate, Silica and Vegetarian Coating.

MALE FERTILITY

SDM Plus, the leading brand in reproductive fertility supplements, has crafted a natural remedy for couples having difficulty conceiving, – MaleFertility. The product was formulated bearing in mind that 45% of infertility in couples is due to the male factor.

The supplement uses a powerful all-natural formula to support the improvement of male factor issues such as sperm count, motility, morphology and overall wellbeing of their fertility functions. The key ingredient Relora (blend extract of Magnolia officinalis and Phellodendron amurense) works to relieve stress levels while antioxidants in MaleFertility improve sperm quality. A growing body of evidence confirms that antioxidant supplementation reduces the percentage of damaged spermatozoa. MaleFertility has a tremendous potential to increase chances of conceiving.



SUPPLEMENT FACTS

Serving Size: 2 Capsules
Serving per container: 30
Ingredient

Ingredient	Amount	% Daily Value
Vitamin A (as Beta Carotene)	750 mcg RAE	83%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin E (as D-Alpha Tocopheryl Succinate)	134 mg	893%
Vitamin B2 (as Riboflavin)	10 mg	769%
Niacin (as Niacinamide)	10 mg NE	62.5%
Folate	850 mcg DFE	212.5%
Vitamin B12 (as Cyanocobalamin)	7.5 mcg	312.5%
Zinc (as Amino Acid Chelate)	35 mg	318%
Selenium (as L-selenomethionine)	125 mcg	227%
L-Methionine	12.5 mg	**
Lycopene (Beadlets 5%)	50 mg	**
Proprietary Blend	728 mg	**
Acetyl-L-Carnitine		*
Relora brand Magnolia officinalis and Phellodendron amurense		*
(U. S. Patents 6,582,735 and 6,814,987)		*
CoEnzyme Q10		*
Glutathione		*

** Proprietary Blend

* Daily Value not established.

FLEXIJOINT

Supplements are not a substitute for a balanced and varied diet and a healthy lifestyle.

Flexi Joint is a food supplement that contributes to joint functioning thanks, in particular, to vitamin C and Turmeric.

Collagen is the main building block of joint cartilage.

Hyaluronic acid, present in the synovial fluid, participates in the lubrication of the joints.

Turmeric contributes to joint functioning.

Vitamin C is essential for the synthesis of collagen in cartilage.

Vitamin D3 helps keep bones in good health.

Articular cartilage plays an important role in the proper functioning of the joints, as it serves as a shock absorber and fluidifier, thus allowing movements without friction



SUPPLEMENT FACTS

Serving Size: 1 Sachet	Amount	% Daily
Servings Per Container: 14 Sachet	Ingredient	Value
Collagen hydrolysate	10.000 mg	*
Hyaluronic acid (sodium salt)	25 mg	*
Turmeric rhizome extract	40 mg	*
Vitamin C	80 mg	*
Vitamin D3	5 ug	*

* Daily Value not established.

Ingredients:

Hydrolyzed Collagen, Natural Orange Flavor, Acidifier: Citric Acid, Bulking Agent: Maltodextrin, Vitamin C, Sweetener: Acesulfame Potassium, Turmeric Rhizome Extract (*Curcuma longa* L.), Hyaluronic Acid (sodium salt), Vitamin D3.

IRON GLUCONATE

Acrux Iron Gluconate is effective against iron deficiency that results in anemia, which causes fatigue, difficulty in breathing, dizziness. It plays an essential role in the oxygen-carrying capacity of red blood cells (erythrocytes) and the production of adenosine triphosphate (ATP) which is our main energy source.



SUPPLEMENT FACTS

Serving Size: 1 Capsules	Amount	% Daily
Serving Per Box: 60 Capsule	(1 capsules)	Value
Iron	17 mg	100%
(as ferrous gluconate)	(154 mg)	
Vitamin C (Ascorbic Acid)	150 mg	83%

GARCINIA CAMBOGIA

SDM Lifestyle is a weight loss product specially formulated to support those who want to lose their Lifestyle. In its formula, it contains probiotic microorganism bifidobacterium lactis, chromium, potassium and mathematic in addition to hydroxycitric acid (hca), blueberry, green and ginger extracts from garcinia cambogia.

- Weight control
- Fat burn
- Metabolism support
- High energy



SUPPLEMENT FACTS

Supplement Facts Ingredient	Quantity mg / 1 capsule	% Daily Value
Potassium chloride	150 mg	15
Calcium carbonate	60 mg	37,5
Hydroxy citric acid (HCA) (From Garcinia cambogia extract)	125 mg	*
Green Tea Extract	100 mg	*
Ginger Extract	100 mg	*
Blueberry Extract	100 mg	*
Probiotic Microorganism (Bifidobacterium lactis)	5 mg (5x10 ⁹ kob)	*
Chrome	100 µg	500

* Daily Value Not Established

Ingredients: Potassium Chloride, Calcium Carbonate, Hydroxy Citric Acid (HCA) Cambogia Extract, Beef Gelatin, Green Tea Extract, Ginger Extract, Blueberry Extract, Magnesium Salts of Fatty Acids (E 470b), Probiotic Microorganism (Bifidobacterium Lactis)

VITAMIN D3

Vitamin D3 from SDM delivers recommended daily value of the sunshine vitamin, essential for overall health and wellbeing. This micronutrient participates in a variety of processes, but it's not widely present in food. To avoid deficiency, dietary supplements pose as a perfect solution. Regular intake of Vitamin D3 protects bone and joint health by improving the absorption of calcium. The vitamin prevents osteoporosis, falls, and fractures in the elderly population. Besides bone and joint health, Vitamin D3 strengthens the immune system and decreases the risk of viral infections and diseases, reduces the risk of diabetes, and much more.



SUPPLEMENT FACTS

Ingredient	Quantity mg / 1 Tablet	% Daily Value
Vitamin D	10000 IU	5000%

OTHER INGREDIENTS: Maltodextrin, Magnesium stretch Micro crystal, cellulose.

ZINC

Zinc from SDM is a dietary supplement. The human body requires zinc for neural activity, immune system, and so on, but some individuals experience difficulty to absorb it. SDM Zinc is specially made to improve absorption and allow the supplement to provide all its amazing benefits. Besides stronger immune system, the supplement regulates metabolism and maintains vision; that's why zinc deficiency alters vision and affects eye health. Due to its antioxidant role, Zinc regulates cell growth, hormonal levels, DNA, protein synthesis, and many other processes.



SUPPLEMENT FACTS

Ingredient	Amount Ingredient	% Daily Value
ZINC (as zinc gluconate)	50 mg	333%

Other Ingredients: Maltodextrin, Magnesium stearate Micro crystal, cellulose.

VITAMIN C 1000 MG EFFERVESAN

Acrux Vitamin C Dietary Supplement not only satisfies the vitamin C you need daily, but also strengthens your immune system and is effective in protecting against cardiovascular and eye diseases. It has two different forms with 20 units of 1000 mg and 1500 mg vitamin C, which are easily soluble in water.



SUPPLEMENT FACTS

Ingredient	Amount Ingredient	% Daily Value
Vitamin C (as ascorbic acid)	1000 mg	1111

OTHER INGREDIENTS: L-Ascorbic Acid, Sodium bicarbonate, Citric Acid, Sorbitol, Natural Orange Flavor, Beta Carotene, Polyethylene glycol, Sucralose

VITAMIN C 1000 MG

SDM Vitamin C Dietary Supplement meets your daily Vitamin C needs, plus strengthens your immune system, and is effective to provide protection against cardiovascular diseases and eye diseases.



SUPPLEMENT FACTS

Ingredient	Amount Ingredient	% Daily Value
Vitamin C (as ascorbic acid)	1000 mg	833

OTHER INGREDIENTS: Microcrystalline cellulose, citrus, bioflavonoids, stearic acid, rose hips, acerola powder, croscarmellose sodium, silica, magnesium stearate, rutin, hesperidin complex, pharmaceutical glaze

CoQ-10 200 mg & 400 mg

SDM Q-10 of the potent antioxidant . helps reduce the risk of cardiovascular diseases; the consumption of this supplement could assist in improving the heart function in heart failure cases. CoQ10 helps to neutralize the harmful free radicals that are one of the major causes of aging. CoQ10 also plays a significant role in boosting the immune system and physical performance. An adequate supply of CoQ10 is essential for optimal cellular functions as it is a source of cellular energy.



SUPPLEMENT FACTS

Serving size: 1 Softgel Serving per container: 45 Ingredient	Amount Ingredient	% Daily Value
CoEnzyme Q10	200 mg	*

CoEnzyme Q10

200 mg

*

* Daily Value Not Established.

Other ingredients: Soybean Oil, Gelatin (Bovine), Glycerin, Water, Beeswax, Lecithin, Colored With Riboflavin and Titanium Dioxide, d-alpha Tocopherol (as preservative), Polysorbate 80.

MAGNESIUM

Magnesium is vital for proper body functioning; it supports many biochemical reactions and hundreds of bodily functions. Moreover, low levels of magnesium are linked to several health conditions. Many of us do not get our daily needs of Magnesium. Dietary supplementation supports healthy nerve and muscle functions, helps boost exercise performance, provides anti-inflammatory benefits, helps prevent migraine, and controls blood sugar levels. SDM Magnesium supplement supplies 250mg per daily dose.



SUPPLEMENT FACTS

Serving size: 1 Tablet	Amount	% Daily
Serving per container: 30	Ingredient	Value
Ingredient		
Magnesium	500 mg	125%

OTHER INGREDIENTS: Maltodextrin, Magnesium stretch, Microcrystalline, cellulose

QUERCETIN-C

- Supports Antioxidant Status: Quercetin is a phenolic antioxidant found in onions, green leafy vegetables, and fruits such as apples and cherries
- Cardiovascular Health: Quercetin supports cardiovascular health via its role in the inhibition of LDL oxidation
- Immune Health: Quercetin is an AllerTame flavonoid, i.e., one that may support immune health
- Veggie Caps: Take one veggie capsule per day with meals or as directed by your qualified healthcare professional
- Superior Nutrition and Formulation: The goal of SDM Formulas is to promote optimal health with high-quality, effective, affordable, and superior formulation of dietary supplements; Our customers can be assured of purity, value, and potency



SUPPLEMENT FACTS

Ingredient	Amount mg/ 1 Capsules	Amount mg/ 2 Capsules
Vitamin C	250 mg	500 mg
Quercetin	250 mg	500 mg
Bromelian	25 mg	50 mg
Citrus bioflavonoids	25 mg	50 mg
Rosehip extract	25 mg	50 mg
Acerola extract	25 mg	50 mg
Rutin	5 mg	10 mg

Calcium L-ascorbate (contains no more than 2% threonate), Quercetin, Hydroxypropyl methyl cellulose, Bromelain, Citrus Bioflavonoids, Rosehip Extract, Acerola Extract, Rutin.

BIOTIN 5000 / 10.000 Mcg

Since we don't take enough biotin, Vitamin B7, through diet it's necessary to take supplements to avoid deficiency. High Potency Biotin from SDM delivers healthy levels of the essential vitamin in order to accelerate the metabolism of protein, carbohydrates, and fat. But that's not the only function of biotin; it also regulates blood sugar levels and aids the functioning of nervous system. The supplement will also help users improve the appearance of nails, hair, and skin; Biotin helps strengthen hair, nourish nails and keep the skin smooth and hydrated.



SUPPLEMENT FACTS

Serving size: 1 Tablet Serving per container: 60 Ingredient	Amount Ingredient	% Daily Value
Biotin (as d-Biotin)	10,000 mcg	3333%

* Daily Value Not Established.

Other ingredients: Microcrystalline Cellulose, Dicalcium phosphate, stearic acid, Silicon Dioxide, Magnesium Stearate, Hypromellose Glycerin.

COLON CLEANSE CAPSULE

Colon Cleanse supports the colon cleanse thanks to the effects of its dietary fiber, Vitamin A, Vitamin C, Calcium, and Iron content. As a result of the natural effects of Alexandrian Senna, Psyllium, Fennel, Papaya, Rosehip and lactobacillus acidophilus, it helps the protection of healthy structure against constipation or irregular intestinal motility.



SUPPLEMENT FACTS

Serving Size 1 Quick Release Softgel Ingredient	Amount mg/ 1 Capsules	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	296**
Polyunsaturated Fat	1 g	*
Evening Primrose Oil (seed)	1,000 mg (1 g)	*
Typical Fatty Acid Profile:		
Gamma Linolenic Acid (Omega-6)	90 mg	*
Linoleic Acid (Omega-6)	650 mg - 850 mg	*

* Daily Value not established.

Other ingredients: Gelatin, Vegetable Glycerin.

CRANBERRY CONCENTRATE

GET CRANBERRY JUICE BENEFITS WITHOUT THE CALORIES - Each capsule contains powerful polyphenols, organic acids and antioxidants, providing the same health benefits as drinking four eight-ounce glasses of cranberry juice cocktail...but without any calories or added sugar.

SUPPORT YOUR URINARY TRACT HEALTH – For generations, cranberries have been used to promote urinary tract health. That’s because cranberries are packed with proanthocyanidins, plant polyphenols with powerful antioxidant properties that can help inhibit oxidative stress, promoting urinary system health. Plus, because they’re antioxidant-rich, cranberries also bring whole-body health benefits.

WE USE THE ENTIRE FRUIT – Made from the complete cranberry, using a patented delivery system that allows for higher concentration of the active ingredients to reach the bloodstream. Our innovative extraction process provides powerful protection against oxidative stress.



SUPPLEMENT FACTS

Serving size: 1 Tablet Ingredient	Amount Ingredient	% Daily Value
Cranberry Concentrate (Vaccinium Macrocarpon) (fruit)	500 mg	*
Vitamin C (Ascorbic Acid)	250 mg	312.5%

* Daily Value Not Established

Other ingredients: Microcrystalline Cellulose, Dicalcium phosphate, stearic acid, Silicon Dioxide, Magnesium Stearate, Hypromellose Glycerin.

VITAMIN E 400 IU

- Antioxidant support supplement: contains one 30 count bottle of Nature Made Vitamin E 180 mg (400 IU) dl-Alpha(1) Softgels for a 300-day supply
- This antioxidant supplement provides Vitamin E, which is an essential nutrient for many cells in the body, such as heart muscle cells
- This Vitamin E supplement provides 180 mg (400 IU) of Vitamin E per softgel
- Adults take one of these 400 IU Vitamin E supplements daily with water and a meal
- These Nature Made Vitamin E dietary supplements are gluten free, have no color added, no artificial flavors, and no added preservatives
- These statements have not been evaluated by the Food and Drug Administration; this product is not intended to diagnose, treat, cure, or prevent any disease



SUPPLEMENT FACTS

Serving Size 1 Softgel Ingredient	Amount Ingredient	% Daily Value
Vitamin E (as dl-Alpha Tocopheryl Acetate) (as d-Biotin)	180 mg	1200%

* Daily Value not established.

Other ingredients: Gelatin, Vegetable Glycerin.

L-CARNITINE 500/1000

Acetyl-L-Carnitine is an amino acid that is naturally produced in the body. It helps the body produce energy and it is important for brain function, muscle movement, and many other body processes. Regular intake of SDM Acetyl-L-Carnitine dietary supplement maintains a healthy nervous system and helps improve memory as well as recovery following exercise.



SUPPLEMENT FACTS

Serving size: 1 Tablet Ingredient	Amount Ingredient	% Daily Value
L-Carnitine (Carnipure) (From L-Carnitine Tartrate)	1g (1,000 mg)	*
Vitamin C (Ascorbic Acid)	250 mg	312.5%

* Daily Value Not Established

Other Ingredients: Cellulose, Stearic Acid, Magnesium Stearate, Silica and Vegetarian Coating.

NAC 600

N-Acetyl Cysteine (NAC) is a stable form of the non-essential amino acid cysteine. It is a sulfur-containing amino acid that acts as a stabilizer for the formation of protein structures and is also necessary for the formation of glutathione. Molybdenum and selenium are essential trace minerals that facilitate the production of several important enzymes.



SUPPLEMENT FACTS

Ingredient	Amount Ingredient	% Daily Value
Selenium (Form L-selenomethionine)	25 mcg	45%
Molybdenum (Form Sodium Molybdate)	50 mcg	111%
N-Acetyl Cysteine (NAC)	25 mcg	45%

* Daily Value Not Established

Other Ingredients: Gelatin (capsule), Stearic Acid (vegetable source) and Citric Acid. Contains no sugar, salt, starch, yeast, wheat, gluten, Acid Chelate, Selenium (as L-Selenomethionine), N-Acetyl Cysteine, Gelatin (capsule), Stearic Acid (vegetable source) and Citrus

SEDOKALM

Indication:

Insomnia, stress and mental discomforts during menstruation and menopause, extreme bad temper, stress and depression, and anxiety. Sedokalm's effect appears within 5 to 6 days.

Active Ingredient: Passiflora extract (100 mg), valerian extract (100 mg), Melissa extract (100 mg), hawthorn extract (100 mg).



SUPPLEMENT FACTS

Servings Per Box: 30 Capsules	Amount	% Daily
Ingredient	Ingredient	Value
Passiflora extract	100 mg	*
Valerian extract	100 mg	*
Melissa extract	100 mg	*
Hawthorn extract	100 mg	*

PRO GLUTATHION

Mother of all antioxidants: also known as the "master antioxidant" Acrux glutathione complex helps replenish essential glutathione levels throughout the body naturally to protect against harmful free radicals, strengthening immune cells and promoting a healthy immune system.

Natural liver detox: Acrux glutathione complex is specially formulated with quercetin and milk thistle to support and encourage liver function and help remove toxins that can impact overall and immune health.



Purity-tested and allergen free: every batch of Acrux glutathione complex is third-party tested to guarantee the highest purity, potency, and quality. Acrux's formula has been manufactured without GMOs, soy, gluten, milk, egg, wheat, peanuts, or shellfish. They also don't include preservatives, artificial ingredients, fillers, chemicals, or color additives.



SUPPLEMENT FACTS

Serving Size: 2 Capsules	Amount	% Daily
Servings per Package: 30	Ingredient	Value
Ingredient		
Vitamin C (as Ascorbic Acid and Ascorbyl Palmitate)	90 mg	100%
Selenium (as L-Selenomethionine)	55 mcg	100%
L-Glutathione	500 mg	*
Milk Thistle Seed Extract (80% Silymarin)	100 mg	*
Alpha Lipoic Acid	50 mg	*
Quercetin (from Dimorphandra Mollis Bud Extract)	500 mg	*

* Daily Value Not Established

Other Ingredients: Gelatin (capsule), Stearic Acid (vegetable source) and Citric Acid. Contains no sugar, salt, starch, yeast, wheat, gluten, Acid Chelate, Selenium (as L-Selenomethionine), N-Acetyl Cysteine, Gelatin (capsule), Stearic Acid (vegetable source) and Citrus

SEDOLAX ACTIVE

Indication:

Sedolax Active is indicated for use in constipation and in situations where defecation problems need to be relieved.

Active Ingredient: Cassia Senna 10 mg.



SUPPLEMENT FACTS

Servings Per Box: 30 Tablet Ingredient	Amount Ingredient	% Daily Value
Cassia Senna Leaf Extract (20:1)	10 mg	
Ingredients: Sorbitol, Cassia Senna Leaf Extract, Magnesium Stearate and Coloring.		

A-Z MULTIVITAMIN

About this item

COMPLETE SUPPORT FOR YOUR HEALTH Our daily multivitamin provides the nutrients needed to support a healthy heart, brain, eyes, immune system, bones and teeth. It's a truly complete multivitamin for women and men

BRING YOUR DIET INTO BALANCE With our multivitamin men and women can avoid dietary deficiencies. Our multivitamin gives you all essential vitamins plus minerals and other nutrients

NOTHING ARTIFICIAL Or natural vitamin is packed with nutrients, not fillers and artificial flavors or preservatives. It's a multivitamin with iron that allows you to take a natural approach to good nutrition

QUALITY All Amazing Formulas products are manufactured in accordance with Good Manufacturing Practices (GMP), among the highest standards in the world.



SUPPLEMENT FACTS

Ingredient	Per serving (1 tablet)	%NRV*
Vitamin A	800 µg RE	100%
Vitamin C	90 mg	113%
Vitamin E	15 mg α TE	125%
Vitamin D3	5.0 µg	100%
Vitamin K1	30 µg	40%
Thiamin (Vitamin B1)	1.4 mg	127%
Riboflavin (Vitamin B2)	1.75 mg	125%
Niacin	20 mg NE	125%
Pantothenic acid	5.0 mg	83%
Vitamin6	2.0 mg	143%
Vitamin12	2.5 µg	100%
Folic acid	200 µg	100%
Biotin	62.5 µa	125%
Coenzyme Q10	4.0 mg	*
Lutein	0.5 mg	*
Calcium	164 mg	21%
Magnesium	100 mg	27%
Phosphorus	125 mg	18%
Chromium	35 µg	88%
Copper	500 µg	50%
Iodine	100 µg	67%
Iron	5.0 mg	36%
Manganese	2.0 mg	100%
Molybdenum	50 µg	100%
Selenium	30 µg	55%
Zinc	5.0 mg	50%

VITAMIN D3 DROPS

SDM VITAMIN D3 DROPS contains 400 IU – 10 µg Vitamin D3 and 300 µg Vitamin D3. It balances the blood levels of phosphorus and calcium and is quite important for dental and bone health. Vitamin D protects kidneys, expands vessels, and prevents insulin resistance. It also prevents the parathyroid gland to overwork and thus represses kidney-related hypertension.



SUPPLEMENT FACTS

Each 1 milliliter (1 pipette) contains Ingredient	Amount Ingredient	% Daily Value
Vitamin D3	400 IU (10 µg)	200

Ingredients: Deionized Water, Fructose-Glucose Syrup, Cholecalciferol (Vitamin D3 %0,0008), Preservative Sodium Benzoate, Nature Identical Orange Flavor

ACRUFER IRON DROPS

Acrufer Drops contains 15 mg of Iron. Iron deficiency results in anemia, which causes fatigue, difficulty in breathing, dizziness. Acrufer Drops plays an essential role in the oxygen-carrying capacity of red blood cells (erythrocytes) and the production of adenosine triphosphate (ATP) which is our main energy source



SUPPLEMENT FACTS

Serving Size: 1 ml Serving per Container: 50 MG Ingredient	% Daily Value For Infants Through 12 Months Of Age	% Daily Value For Children 1 Through 4 Years Of Age
Elemental Iron 15 mg (as polysaccharide iron complex)	1 ml	1,5 ml

Ingredients :
Water, Vegetable Glycerin, Citric Acid, Potassium Sorbate, Natural Grape and Raspberry Flavors, Sodium Benzoate, orange flavor

ACRUZINC DROPS

Acruzinc Drops contains 15 mg of Zinc. Zinc plays a role in many enzymes and body functions. It is effective in the immune system, wound healing, sensorial functions, reproduction system, and skin health. It is essential for optic, taste, and smell functions.



SUPPLEMENT FACTS

Serving Size: 1 ml
Serving per Container: 50 MG
Amount Per Serving
% Daily Value For Children
1 Through 4 Years Of Age

Ingredient	Amount	% Daily Value
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Zinc	15 mg	50%
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Ingredients :

Deionized Water, Natural Flavor, Vegetable Glycerin, USP, Citric acid, Sodium benzoate, Rebaudio-side A strive leaf extract, Potassium sorbate (to preserve freshness)

FOLIKID DROPS

Folikid Drops, with its Vitamin B6 (pyridoxine) content, is an essential micro-nutrient for more than 100 biological reactions. Vitamin B6 has important effects on brain functions and is necessary for the production of neurotransmitters that enable neural transmission. Besides Vitamin B6 has roles in the metabolism of proteins and glycogen and helps these nutrients to resolve their building blocks and to be used for body functions. It is effective for the protein synthesis necessary for the healthy function of the immune system.



It has many roles such as homocysteine metabolism and cysteine synthesis and the production of red blood cells. In addition to that, Vitamin B12 (cobalamin) is essential for the continuation of normal brain and nervous system functions and plays an important role in the formation of erythrocytes, also supports the formation and regulation of the DNA. The metabolism of almost all cells in the body is dependent on Vitamin B12 which takes a part in the synthesis of fatty acids and energy production. Vitamin B12 enables stored energy to release by supporting the human body to absorb folic acid.



SUPPLEMENT FACTS

Serving Size: 1 Dropper
Serving per Container: Approximately 60
Amount Per Serving
Ingredient

Ingredient	Amount	% Daily Value
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B6 (as pyridoxine)	2.1 mg	105%
B12 (as methylcobalamin)	1000 mcg	1666%
Folic Acid (as L-methylfolate)	400 mcg	100%

Other Ingredients: Water, natural flavor, organic stevia, citric acid, potassium sorbate.

INFANTUM COLD SYRUP

Ingredients:

Ingredients: Chondrus crispus(Karagen), Thymus Vulgaris, Althea officinalis, Urtica Diocia

Indications:

Secretory and Expectorant (sputum remover) Dry Cough
Respiratory Tract Mucosa Softener Upper
Respiratory Tract Flu Respiratory Tract Spasm
Mouth and respiratory tract mucosa irritation Demulcent and so on. It is effective in the treatment of upper respiratory tract disorders such as.



SUPPLEMENT FACTS

Servings Per Container: 150 ml Nutrients in 5 mL: Ingredient	Amount Ingredient	% Daily Value
Chondrus Crispus	200 mg	*
Thymus Vulgaris Extract	200 mg	*
Althea Officinalis Extract	200 mg	*
Glycyrrhiza Glabra Extract	100 mg	*
Essence of Urtica Diocia	60 mg	*

Ingredients: Deionized Water, Chondrus,Crispus (Carrageenan), Thymus Vulgaris (Thyme)Extract, Glycyrrhiza Glabra (Licorice) Extract, Althea Officinalis (Marshmallow) Extract, Urtica,Diocia (Ctrrgan Herb) Extract, Tutti Frutti Aromas,Sucralose, Sodium Benzoate

INFANTUM MULTI VITAMIN SYRUP

Ingredients: Deionized water, fish OIL, identical to the natural orange flavor, Vitamin C, Vitamin A, Vitamin B6, Vitamin D, Citric acid (acidity regulator), sodium benzoate (preservative), Glycerin (water retention), polysorbate 80 (an emulsifier), Sorbitol



(thickening), sucrose (sweetener), Sodium Citrate (Buffer).

Commercial Form and Package Contents:

100 mL glass bottles in cardboard boxes.

Nutrients in 10 mL:

Vitamin C 30 mg Vitamin B1 1.5 mg Nikotinamid 20 mg
Vitamin A 3000 IU Vitamin B2 1.8 mg Fish OIL 0.2 mg
Vitamin D 400 IU Vitamin B6 0.75 mg
Zinc 10 mg Vitamin E 2.5 IU



SUPPLEMENT FACTS

Serving Size: 10 ml Servings Per Container: 100 ml Nutrients in 10 mL: Ingredient	Amount Ingredient	% Daily Value
Vitamin C	30 mg	37,5
Vitamin B1	1.5 mg	136
Nikotinamid	20 mg	125
Vitamin A	3000 IU (901µg RE)	113
Vitamin B2	1.8 mg	78
Fish OIL	0.2 mg	*
Vitamin D	400 IU (10 µg)	200
Vitamin B6	0.75 mg	53,6
Zinc	10 mg	100
Vitamin E	2.5 IU (1,29mga-TE)	*

Ingredients: Deionized water, fish OIL, identical to the natural orange flavor, Vitamin C, Vitamin A, Vitamin B6, Vitamin D, Citric acid (acidity regulator), sodium benzoate (preservative), Glycerin (water retention), polysorbate 80 (an emulsifier), Sorbitol (thickening), sucrose (sweetener), Sodium Citrate (Buffer).

BABY MULTIVITAMIN DROPS

SDM Multivitamin Baby support your baby's daily mineral and vitamin needs. Thanks to its Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D3, Vitamin E, Niacin and Zinc content and their synergistic action, it strengthens the immune system and supports its resistance.



SUPPLEMENT FACTS

Serving Size 1.0 ml

Each 1 ml.
contains:

Vitamin A	1500 IU
Vitamin B1	0,5 mg
Vitamin B2	0,6 mg
Vitamin B6	0,4 mg
Vitamin B12	2 mcg
Vitamin C	35 mg
Vitamin D3	200 IU
Vitamin E	5 IU
Niacin	8 mg
Zinc (as Zinc Gluconate)	0,5 mg

Other Ingredients: Deionized Water, Orange Flavor, Sweetened From Orange Favor, Appropriate overages of vitamins&minerals added to compensate loss on storage.

BABYCAL SYRUP

With the strong combination of its aniseed oil, peppermint oil, fennel oil and lemongrass oil contents, Babycalm has a soothing effect on indigestion and digestive problems.

Besides, supports the healthy growth of the child by helping the regulation of night sleep.



SUPPLEMENT FACTS

Each 5 mL contains:
Ingredient

Amount
Ingredient

Sodium Bicarbonate	100 mg
Aniseed Oil	10 mg
Mint Oil	10 mg
Fennel Oil	10 mg
Melissa Oil	10 mg
Zinc	5 mg