# InterHealth Hospital INTERHEALTH HOSPITAL RIYADH HOSPITAL PROFILE. A SUMMARY OF THE HISTORY BEHIND THE BRAND OF INTERHEALTH AND THE FIRST CANADIAN HOSPITAL IN RIVADH AS WELL AS GIVING A BRIEF ABOUT THE FACILITY AND CAPACITY OF THE HOSPITAL



#### WHO WE ARE

InterHealth is one of the largest footprints in the world. Utilizing access to a long history of various experiences & best practices of more than 8000 physicians & 20000 nurses which shaped InterHealth Group into becoming global healthcare leaders. We deliver World Class Healthcare with comfort & luxury while maintaining safety protocols & quality standards.

#### **OUR STRATEGIC PARTNERS**

InterHealth has an extensive network of leading healthcare organisations, both public and private specializing in an international range of healthcare disciplines. Having leverage upon these strategic relationships to provide the highest levels of quality and care to our pampered guests.































# WORLD CLASS CARE GLOBAL FOOTPRINT





#### **ABOUT US**

InterHealth is the first Canadian hospital in Saudi Arabia with 100+ beds. Located in the heart of Riyadh, it was built to meet the needs and expectations of its guests and their families by providing impeccable standards of treatment and care, with a team of highly skilled and experienced doctors, nurses, technicians, and other support staff, InterHealth uses latest medical equipment and technical skillsets while implementing international guidelines & optimum standards. supported by a highly developed quality management system that ensures a continuous improvement process is being followed, to ensure non-stop innovation supported by group-wide knowledge & experience in adopting best practices.







10 OPERATION ROOMS



06 DELIVERY ROOMS



16 ICU UNIT





HOURS / DAY LABORATORY





#### **MEDICAL DEPARTMENTS**



General Surgery



Bariatric & Obesity



Orthopedics



Plastic Surgery



Internal Medicine



Endocrinology



Cardiology



ENT & Audiology



Vascular Surgery



Urology



Opthalmology



Pediatrics



Emergency Medicine



Sleep Medicine



Dermatology



Physiotherapy



Medical Imaging



Family Medicine



Nutrition



Lab & Pathology



Pain Management



Men's Health



Women's Health



Diabetes Center



Anesthesia



ICU



NICU



PICU



Our Surgeons perform a broad range of Surgical & Non-Invasive Procedures within our Cutting-edge facility that helps relief our guests from Chronical or Long-term Conditions through Laparoscopic & Other Specialized Surgeries.





Our Eminent Plastic Surgeons have access to the Latest procedures in Plastic and Cosmetics Surgery. We believe that our job is to help you reach your best version of yourself, while providing you with our Knowledge and Expertise, help you make an educated discission, reviewing your options, and finally become more confident about yourself.





### **ORTHOPEDICS**

Our Orthopedic Clinics Offer Outstanding Services for People who are Performing Orthopedic Surgeries, Suffering from Fractures or Exposed to Trauma. Additionally conduct Joints Replacement procedures.

#### BARIATRIC CENTER

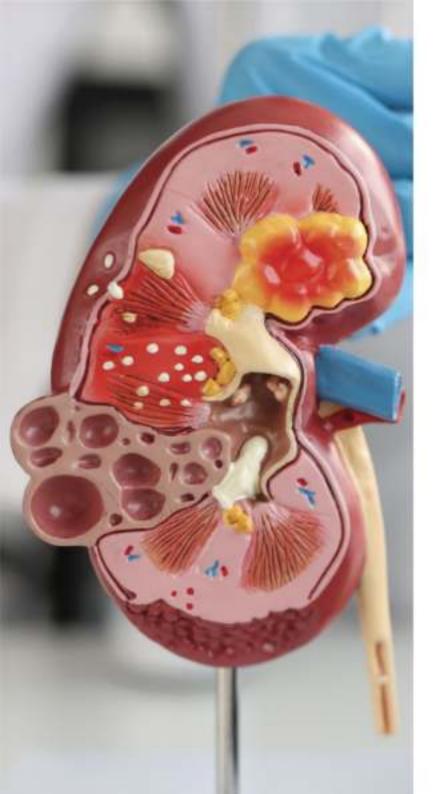
Our Surgeons in InterHealth Bariatric Center handles a range of Obesity Conditions through Surgical or Non-Invasive methods such as Medical Weight Loss Program, combined with Diet, Exercise and Behavioral Therapy and -if indicated- Pharmacotherapy to manage Obesity. Surgical Treatments are provided with Obesity related Health Conditions such as Type 2 diabetes, Obstructive Sleep Apnea, High Blood Pressure, Osteoarthritis & Other Obesity-related conditions.



#### **UNITERNAL MEDICINE**

Our Medical Team in Internal Medicine clinics with diverse sub-specialties utilizing our Medical Support services to achieve accurate diagnosis and plan an effective treatment, in addition to offering preventive care to help our guests maintain a healthy lifestyle and promote better Quality of Life.





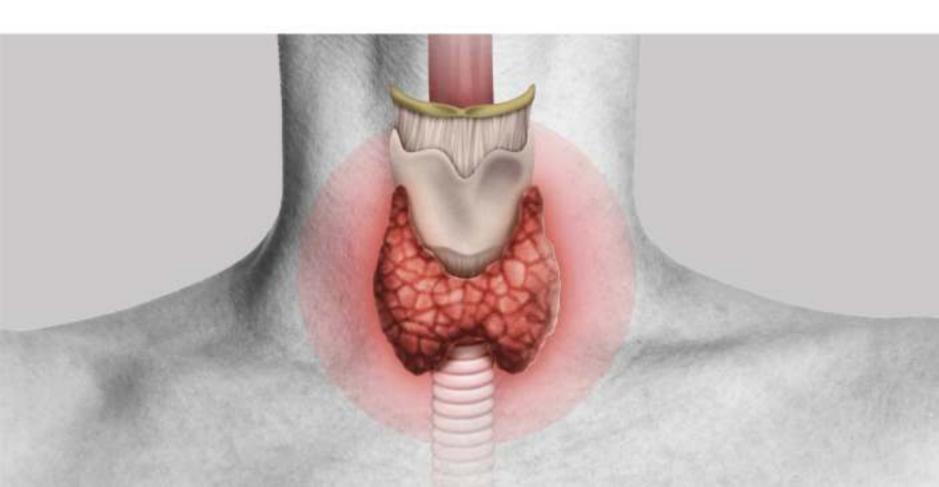
# UROLOGY DEPARTMENT

Our Qualified Urologists provide a Complete Diagnostic and Therapeutic Care for both Genders and all ages, Covering different Services like Laparoscopic Urinary Tract Stones & Tumors, Prostatectomy.



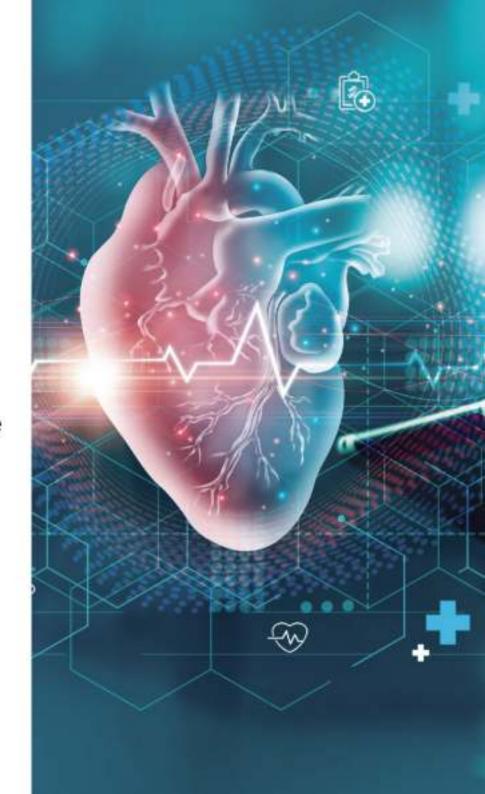
Our Team is experienced in the Full Spectrum of Endocrine Disorders, including Pituitary, Thyroid, Adrenal Diseases, or Obesity.

InterHeath Doctors use their Expertise in Endocrinology, Diabetes and Metabolism to Compassionately and Completely Treat your Endocrine-related Condition.



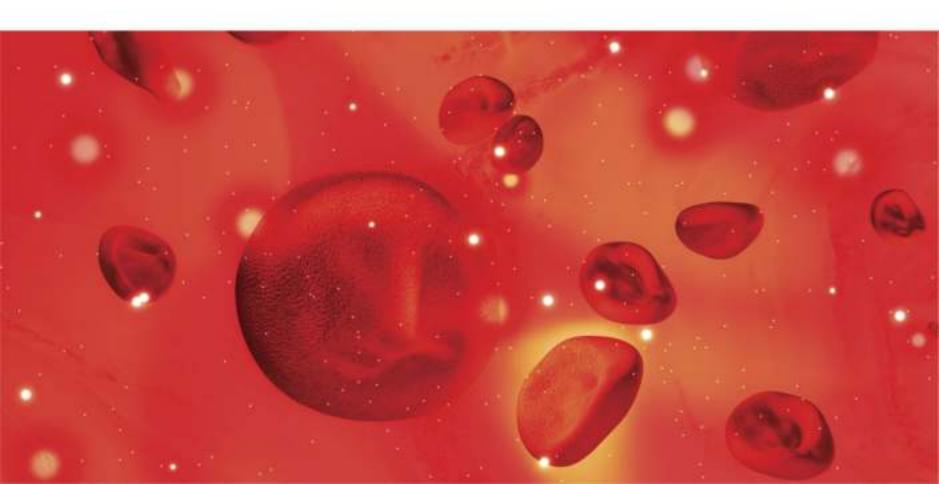
# CARDIOLOGY DEPARTMENT

Successful Treatment Starts with an Accurate Diagnosis. Our Cardiologists take enough time to listen to you and understand your concerns and diagnose your symptoms correctly using Clinical Data from ECG, Echo, Holter, Stress Test, MRI & more.



#### **VASCULAR SURGERY**

Our Qualified Surgeons have a Great deal of experience in all aspects of Vascular Diseases. The Medical Team works closely with each guest during and after surgeries to help you achieve lifestyle changes that are considered a necessity to maintain a Healthy Vascular System.





#### **COPHTHALMOLOGY**

InterHealth Ophthalmology clinics comprises of highly skilled Ophthalmologists & Professional Staff providing a complete range of Medical Diagnosis, Treatments, and Surgical Care such as Cornea & Retinal Diseases, Cataract, or Glaucoma.





Our Certified Dermatologists offer an Expert Care, they work closely with you to understand your needs to provide the Individualized Human-Centric Care you Deserve, Furthermore provide Cosmetic Services that includes Filler, Botox, Peeling



#### **ENT DEPARTMENT**

Our Otolaryngologists will work closely with you to provide you with the Utmost Care and Exceptional Medial Standard then refer to a variety of Support Services like Audiology, Endocrinology, Speech Pathology, Ophthalmology, Dermatology, Allergy & Immunology, or Pediatrics



#### **DIABETES CENTER**

Interhealth Comprehensive Diabetes Center is committed to help you or your loved ones successfully manage Diabetes using the Latest Techniques, Treatments, and Technology available. While there is currently No Cure for Diabetes, it can still be Controlled & Managed. To Allow people to Fully Enjoy their Productive Lives. By Integrating Diets, Oral Medication or Insulin Solutions, and by Educating our Guests about Essential Behavioral Change to Improve their Lifestyle, and deliver an all-inclusive and the most comfortable solution.





Our Highly Qualified Pediatric department aims to provide the best Pediatric Care for children up to 14 years old with a comprehensive range of healthcare services in a child-friendly environment with a wide variety of subspecialties.

#### WOMEN'S HEALTH

Women need unique care, from Adolescence to Mature Adulthood.
Our Medical Team offers Coordinated & Supportive Care for all feminine concerns, from General Gynecologic Care, Childbirth, Infertility, Incontinence, Gynecologic Cancers, Pelvic Floor Disorders, Menopause and more. And the Facility Offers Luxury Delivery & Labor Programs that helps Women become Happy Mothers





#### MEN'S HEALTH

Our Men's Health Clinics provides top quality care for all conditions that affect men of all ages, encourages early detection of prostate disease and other urological diseases, & more. In addition, our highly qualified staff provides a clear diagnosis along with an effective medical treatment plan to maintain your health and disease prevention.



## **EMERGENCY DEPARTMENT**

High Caliber Team of Emergency Doctors, On-call Physicians, and Nurses, always available to you 24 hours a day, seven days a week to treat anyone seeking urgent Medical Care, having a prime location in Riyadh & Next to King Saud University making it more accessible and closer than ever.

#### PHYSIOTHERAPY

Experienced Physio & Occupational Therapist that specialize in different areas of Physiotherapy including Manual Therapy, Women's Health, Musculoskeletal, Respiratory, Neurological and Pediatric. As well as Sport Injuries, Rehabilitation & Complimentary Medicine.



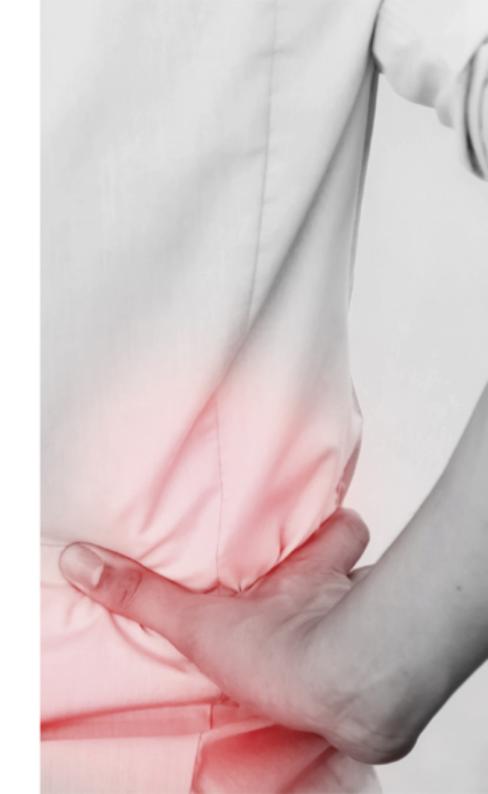


#### SLEEP MEDICINE

Chronic Sleep Disorders affect every aspect of one's life, from physical well being to Economics and Public safety, InterHealth Hospital Clinical Care and Sleep Labs are all committed to promote healthier Sleeping lifestyle for Individuals, Families and Communities.

## PAIN MANAGEMENT

Through a Pain Management Plan, our Medical Team helps people manage Pain whether Chronical or Acute introducing various approaches through Medications, Injections, Therapy or Exercise, to help you feel better throughout your day and improve your overall Quality of Life.





#### ANESTHESIOLOGY

Our Team of Anesthesiologists implements the highest quality and safety standards and supports our Exceptional Care in a broad spectrum of services, including Cardiac, Pediatric, Obstetric, Regional & General Anesthesia.

#### MEDICAL IMAGING

InterHealth Hospital offers a comprehensive range of Imaging and Radiology services, specialized experience to deliver World-class care these service include and not limited to: X-Ray, MRI, Fluoroscopy, CT Scan, Mammogram, & Bone Density.





### LABORATORY & PATHOLOGY

Our highly trained Lab Experts handle Blood tests swiftly, and patients will be notified of the results within 24 hours for most of our Investigations, these include Basic Metabolic Panel (BMP), Comprehensive Metabolic Panel (CMP), Lipid Profiles, Thyroid Tests, Complete Blood Count (CBC), White Blood Cell (WBC), Urinalysis (UA) & Genetic \ Genome Analysis.

#### **PANUTRITION CLINICS**

Our Qualified Clinical Dieticians design nutrition programs to protect your Health, prevent Allergic Reactions and alleviate the symptoms of many types of disease. Additionally, Dieticians support our post-operative guests recover with a healthier dietary habit.



# FAMILY MEDICINE

Our Family Medicine Clinics involves qualified physicians who are concerned with Preventive Healthcare, Treatment of Common Medical Cases, Early Diseases Provision & Detection, and incorporate other sub-specialty if need be.





